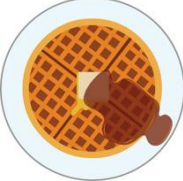
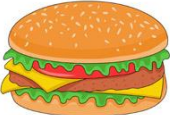


FREEMAN FLYER MENU CALENDAR FOR SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 Pancakes w/ Syrup A. Italian Pasta Bake w/ Bread B. Crispy Chicken Sandwich C. Ham and Cheese Sub Green Beans	1 Sausage, Tri-tater, and Toast A. Pig in a Blanket B. Pulled Pork Sandwich C. Turkey and Cheese Sub Baked Beans	2 French Toast Sticks A. Nachos Grande B. Fish Sandwich C. Italian Sub Corn	3 Egg and Cheese Biscuit A. Beef and Cheese Burrito B. Pork Patty Sandwich C. Turkey Wrap Carrots, Cookie	4 Long John No Lunch Served	5
6	7 No School	8 Dutch Waffle A. Chicken and Noodles w/ Bread B. Cheese Quesadilla C. Ham and Cheese Sub Peas	9 Breakfast Pizza A. Chicken Nuggets B. Meatballs w/ Gravy C. Turkey & Cheese Sub Mashed Potatoes w/ Gravy, Bread	10 Cheesy Scrambled Eggs w/ Toast A. Sloppy Joe B. Hotdog C. Turkey and Ch Wrap Coleslaw	11 Waffles w/ Syrup A. Teriyaki Chicken w/ Rice B. Cheeseburger C. Cold Cut Sub Broccoli	12 
13	14 Breakfast Boat A. Tater-tot Casserole w/ Bread B. Pork Patty Sandwich C. Uncrustable w/ Yogurt Green Beans	15 Sausage Pancake Stick A. Italian Dunker B. BBQ Meatball Sub C. Ham and Cheese Sub Mixed Vegetables	16 French Toast Sticks A. Cowboy Cavatini w/ Breadstick B. Crispy Chicken Sandwich C. Italian Sub Peas	17 Egg and Cheese Biscuit A. Doritos Walking Taco w/ Rice B. Chicken Wrap C. Turkey Wrap Carrots	18 Flyer Friday No Lunch Served	19
20 	21 Long John A. Chicken Alfredo w/ Bread B. Cheeseburger C. Turkey and Cheese Sub Corn	22 Pancakes A. Chicken Nuggets B. Meatballs w/ Gravy C. Ham and Cheese Sub Mashed Potatoes w/ Gravy Bread	23 Breakfast Pizza A. Chicken Parmesan w/Rotini B. Cheese Pizza C. Cold Cut Sub Green Beans	24 Cheesy Scrambled Eggs w/ Toast A. Beef Tacos B. Corndog C. Turkey and Cheese Wrap Frozen Sidekick	25 Waffles w/ Syrup A. Tangerine Chicken w/ Rice B. Chicken Patty Sandwich C. Italian Sub Broccoli	26
27	28 Sausage Pancake Stick A. Ham and Scalloped Potatoes w/ Bread B. Pepperoni Pizza C. Turkey and Cheese Sub Carrots	29 Dutch Waffle A. Beef Mac n' Cheese w/ Bread B. Chicken Fajita Burrito C. Ham and Cheese Sub Peas	30 Breakfast Pizza A. Chili B. Chicken Nuggets C. Cold Cut Sub Corn Cinnamon Roll	1 Cheesy Scrambled Eggs w/ Toast A. Spaghetti w/ Garlic Toast B. Cheeseburger C. Turkey Wrap Green Beans	2 Flyer Friday No Lunch Served	Breakfast: \$2.00 K-5 \$3.10 6-12 \$3.45 Adult \$4.00 Ala Carte/Seconds \$1.30