

Meal Prices

Grades K-6	\$3.00
Grades 7-12	\$3.35
Ala Carte/Seconds	\$1.30
Extra Milk	\$0.40
Adult	\$3.90

December 2018 Freeman School District Lunch Menu



Monday

3

- A. Goulash w/Bread
- B. Cheeseburger
- C. Turkey & Cheese Sub

Carrots

Tuesday

4

- A. Ham & Scalloped Potatoes w/Bread
- B. Taco Fiestada Pizza
- C. Chef Salad w/ Roll

Green Beans

Wednesday

5

- A. Chicken & Noodles w/Bread
- B. Corn Dog
- C. Cold Cut Sub

Sidekicks Frozen Juice Cup

Thursday

6

- A. Tavern
- B. Crispy Chicken Sandwich
- C. Trio Meat Sub

Corn

Friday

7

- A. Chicken Nuggets
- B. Beef Country Fritter
- C. Italian Sub

A&B: Bread
Mashed Potatoes w/Gravy

10

- A. Grilled Cheese
- B. Pork Rib Sandwich
- C. Turkey & Cheese Sub

Tater Tots

11

- A. Chili w/Corn Chips
- B. Chicken Nuggets
- C. Chicken Fajita Salad

Cinnamon Roll
Carrots

12

- A. Chicken Fajita Burrito
- B. Cheese Pizza
- C. Cold Cut Sub

Corn

13

- A. Chicken Drumstick w/ Dinner Roll
 - C. Turkey & Cheese Wrap
- Jello
Cheesy Green Beans
Mashed Potatoes w/ Gravy

14

No School

17

- A. Chicken Alfredo w/Bread
- B. Teriyaki Chicken Sandwich
- C. Turkey & Cheese Sub

Carrots

18

- A. Beef Soft Shell Tacos
- B. Crispy Chicken Sandwich
- C. Chef Salad w/ Roll

Corn

19

- A. Italian Pasta Bake w/Breadstick
- B. Corn Dog
- C. Cold Cut Sub

Green Beans

20

No Lunch

National Ugly
Sweater Day



December 21st

Happy Holidays!

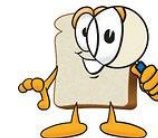


Please

remember to take
at least
½ cup fruit & or
veggies for a well
balance meal



Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat"
on packages of food like
bread, cereal, and pasta.

Fill Up & Fuel Up
at the
Unlimited Fruit & Vegetable Bar



Breakfast Choices Offered Daily



Junior & Senior High
A La Carte is Available



Daily Lunch Menu Includes

- Grades k-6th: A or B Entrées
- Grades 7th-12th: A, B, or C Entrées
- Fruit & Vegetable Bar
- Milk Choice