

Meal Prices

Grades K-6	\$3.00
Grades 7-12	\$3.35
Ala Carte/Seconds	\$1.30
Extra Milk	\$0.40
Adult	\$3.90

January 2019

Freeman School District

Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Fill Up & Fuel Up
at the
Unlimited Fruit & Vegetable Bar



3

A. Tavern
B. Crispy Chicken Sandwich
C. Trio Meat Sub

Corn

4

A. Chicken Nuggets
B. Beef Country Fritter
C. Italian Sub

A&B: Bread
Mashed Potatoes w/Gravy

7

A. Grilled Cheese
B. Chicken Wrap
C. Turkey & Cheese Sub

Tator Tots

8

A. Chili w/Corn Chips
B. Chicken Nuggets
C. Chicken Fajita Salad

Cinnamon Roll
Green Beans

9

A. Chicken Fajita Burrito
B. Cheese Pizza
C. Cold Cut Sub

Corn

10

A. Italian Dunkers
B. Cheeseburger
C. Turkey & Cheese Wrap

Carrots

11

A. Spaghetti w/Meatsauce w/Garlic Toast
B. Grilled Chicken Sandwich
C. Italian Sub

Peas

14

A. Chicken Alfredo w/Bread
B. Cheeseburger
C. Turkey & Cheese Sub

Broccoli

15

A. Beef Soft Shell Tacos
B. Crispy Chicken Sandwich
C. Chef Salad w/ Roll

Peas

16

A. Italian Pasta Bake w/Breadstick
B. Corn Dog
C. Cold Cut Sub

Carrots

17

A. Turkey & Gravy
B. Chicken Nuggets
C. Trio Meat Sub

A&B: Bread
Mashed Potatoes w/Gravy

18

No School

21

No School

22

A. Cowboy Cavatini
B. Chicken Sticks
C. Chicken Fajita Salad

Cinnamon Roll
Corn

23

A. Mac & Cheese w/Bread
B. Mini Corn Dogs
C. Cold Cut Sub

Green Beans

24

A. Tater Tot Hotdish w/Bread
B. Cheeseburger
C. Turkey & Cheese Wrap

Potato Wedges

25

A. Chicken Teriyaki Sandwich
B. Pepperoni Pizza
C. Italian Sub

Peas

28

A. Walking Taco w/Rice
B. Hot Dog
C. Turkey & Cheese Sub

Carrots

29

A. Beef & Cheese Burrito
B. Chicken Wrap
C. Chef Salad w/Roll

Peas

30

A. Nachos Grande
B. Tangerine Chicken
C. Cold Cut Sub

A&B: Rice
Broccoli

31

A. Meatballs w/Gravy
B. Chicken Nuggets
C. Trio Meat Sub

A&B: Bread
Mashed Potatoes w/Gravy

***Please* remember to take at least ½ cup fruit & or veggies for a well balance meal**

Breakfast Choices Offered Daily

Junior & Senior High
A La Carte is Available

Daily Lunch Menu Includes

- Grades k-6th: A or B Entrées
- Grades 7th-12th: A, B, or C Entrées
- Fruit & Vegetable Bar
- Milk Choice